



Helping Teachers Bring Technology Into the Classroom

Opportunities In Your School

As part of our Spirit of Service, Qwest Communications is committed to education and helping people and families make the most of their online experience. From Internet surfing tips, online safety education and identity theft awareness, Qwest wants the IncredibleInternet Web site to give all Internet users resources to simplify their online experience and stay better connected. It is our goal to give educators and families the tools they need to use the Internet and technology in safe, effective and fun ways.

IncredibleInternet.com is a great resource for teachers, parents and families. Its main goal is to help Internet users cut through the clutter on the Web and simplify Web surfer's online experience by recommending the best sites on the Internet. From education, technology, family, online safety, health, entertainment, travel and more... **The Incredible Internet is your guide to the wonders of the Web!**

The Incredible Internet Guy

Explore the wonders of the Web at your school!

Qwest has partnered with Ken Leebow, best-selling author and Internet expert. He has written 18 books in the series "300 Incredible Things on the Internet" and authors the content on the site. Leebow serves as The Qwest Incredible Internet Guy.

The Incredible Internet Guy has spoken at numerous schools across the country on the wonders of the Web and online safety to children, parents and teachers. From classroom talks, to back to school nights and teacher seminar events, the Incredible Internet Guy can help all people learn how to better use the Internet to help them in their day-to-activities and stay connected.

Teens and Identity Theft

Identity theft and fraud have reached epidemic proportions — and teenagers are increasingly the targets of this crime.

Did you know? The 18-29 year-old age group was the number one target for identity-theft related crimes. [Federal Trade Commission 2003]

Qwest believes it can help protect teens from identity theft by educating them before they become victims.

INFORMATION HUB

Please visit the Qwest Consumer Protection Resource Center at www.qwest.com/identitytheft to learn more about forms of identity theft, how to protect yourself, and steps to take if you become a victim.

TEEN WEB SITE

Qwest also has developed an informational Web site for teens. Visit www.qwest.com/identitytheft and click on the "Teen" button. The Web site also includes a video for teens about identity theft.

IDENTITY THEFT CURRICULUM

Qwest partnered with Dr. Judith Collins, associate professor of criminal justice at Michigan State University and internationally recognized expert on identity theft to develop an online curriculum for teachers to educate students on preventing identity theft. Please visit www.incredibleinternet.com and click on the Education section to download this great resource.

Online Safety



Educating parents on how to keep their children safer while using the Internet.

Qwest is working with the National Center for Missing & Exploited Children to help educate parents on the risks that children face while using the Internet. The new *Parents Safety-Net Test* provides parents and guardians with an instant tool to check their knowledge of Internet safety. Located on www.incredibleinternet.com, the interactive test also provides parents with immediate feedback and tangible steps they can take to protect their children.

Technology In The Classroom

Incredible Internet Teacher Resource Center

This site was created specifically for teachers to get the most out of using the Internet and technology in the classroom! The online curriculum was developed with the Public Education and Business Coalition (PEBC) and is downloadable in PDF format. Please visit www.incredibleinternet.com and click on the Education section.



Discover more incredible things on the Internet, visit www.IncredibleInternet.com





Incredible Internet

Your Guide to the Wonders of the Web

Explore!

www.earth.google.com
www.virtualearth.msn.com
www.wikipedia.org
<http://manufacturing.stanford.edu>

Check out satellite mapping, find out how things are made and discover the world's largest encyclopedia.

Learning and Beyond...

www.easybib.com
www.scholarshipcoach.com
www.usnews.com

These are perfect sites for students looking to create a bibliography page, locate colleges and scholarships or stay updated on current events.

Library and Reference Resources

www.ipl.org
www.lii.org
www.digital-librarian.com
www.refdesk.com

Get speedy answers to all your reference questions!

Fact Finding

www.ipl.org
www.lii.org
www.digital-librarian.com
www.refdesk.com

Find the information you need for lesson plans with these digital librarians.

Ten Tips for Safely Exploring the Internet

- 1 Even though the Internet is incredible, maintaining a well-balanced life offline is very important.
- 2 Use discretion when giving information online because it can easily be distributed to others.
- 3 Protect your online privacy: Never provide your personal information to strangers.
- 4 It is very risky to make arrangements to meet anyone you have met online. For example, in chat rooms, people often pretend to be someone they are not. Never allow your children to meet anyone they have met online.
- 5 If something inappropriate happens online, report the interaction immediately to www.cybertipline.com. Children should always report anything inappropriate online to an adult immediately.
- 6 At home, place the computer in a visible location to monitor your family's Internet activity and appropriate uses. The same rule applies for computers in classrooms.
- 7 Use common sense. Don't go to sites or do things on the Internet that could create problems.
- 8 Have your antenna up for Internet scams. Always be alert and aware. For more information on how to protect yourself from fraud and identity theft visit www.qwest.com/identitytheft
- 9 To protect you and your computer, you should use software for spyware, spam, and viruses. For additional protection, you might want to set up a firewall. To learn more visit <http://computer.howstuffworks.com>
- 10 Learn how to be safe online. Take the Parent Safety-Net Test on [IncredibleInternet.com](http://www.IncredibleInternet.com) to understand what children can encounter on the Internet.

Discover more incredible things on the Internet, visit www.IncredibleInternet.com